

Events

The AmeriHealth Caritas New Hampshire Wellness and Opportunity Center in Manchester is open Monday through Friday, 8:30 a.m. to 4 p.m.

All events listed are open to everyone in the community at no cost, unless it is a member-only event. Please note that events and times may change. The center may close due to the weather. To learn more, please call **1-603-263-6694**. Hope to see you soon!



December 2023

Date and time	Event Description	How to sign up
Member-only event December 11 th – 10am-11:30am	Ask the Doctor Ask general questions about your health, medications, conditions, and/or providers.	Call 1-603-263-6694
Member-only event December 13 th – 10:30am-12pm	Ask the Pharmacist Ask general questions about your prescriptions and how to get them.	Call 1-603-263-6694
Every Monday November 6 th - December 4 th 1pm-2pm	Slow Cooker Food Demonstration Class 5 week in-person Nutrition Education and Cooking Class for any individual who qualifies for needs programs or utilizes a food pantry. Please Call to Reserve your spot!	Call 1-603-263-6694
December 20 th 4pm-7pm	Holiday Event Holiday Photo sessions, cookie decorating, crafts and light refreshments. Please Call or Sign Up with the QR code on the event flyer.	Call 1-603-263-6694
By appointment	One-on-one financial counseling Confidential sessions about your money questions and goals at no cost to you. Covers topics such as: <ul style="list-style-type: none"> • Keeping track of balances • Budgeting/saving • Building credit • Fraud prevention • Banking services/accounts 	Call 1-603-263-6694

	<ul style="list-style-type: none"> ○ What to look for in a bank ○ What banks do and don't do 	
Member-only event	Member information session AmeriHealth Caritas New Hampshire members can learn about their benefits and coverage.	Walk in
By appointment Member-only event	What is Care Management? Learn about the benefits of Care Management and the resources and support available to you.	Call 1-603-263-6694
Monday through Friday	Lending closet/Pantry Clothing items and shelf-stable foods available. Inventory varies based on donations and use.	Walk-in
Monday through Friday	Information and referral Local information and referrals given on-site.	Walk-in
By Appointment	Space-sharing Non-profits, government and municipalities may reserve space for meetings or functions	Call 603-263-6694

AmeriHealth Caritas New Hampshire complies with applicable federal civil rights laws and does not discriminate, exclude people, or treat them differently on the basis of age, race, ethnicity, national origin or ancestry, mental or physical disability, sexual or affection orientation or preference, gender identity, marital status, genetic information, source of payment, sex, creed, religion, health or mental health status or history, need for health care services, amount payable to AmeriHealth Caritas New Hampshire on the basis of an eligible person's or member's actuarial class or pre-existing medical/health conditions, whether or not the member has executed an advance directive, or any other status protected by federal or state law.

Attention: If you do not speak English, language assistance services, free of charge, are available to you. Call **1-833-704-1177 (TTY 1-855-534-6730)**.

Atención: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-833-704-1177 (TTY 1-855-534-6730)**.

For the full nondiscrimination notice, go to **www.amerihealthcaritasnh.com**.

