

AmeriHealth Caritas New Hampshire's Wellness and Opportunity Center is a hub for health and wellness resources in your community.

Visit the Wellness and Opportunity Center
in Manchester for:

- Computer access
- Nutrition education
- A meeting space for nonprofits*
- Special community events
- Discussions with your Care Manager



The AmeriHealth Caritas
New Hampshire Wellness
and Opportunity Center
is open to everyone,
including community
partners. The center can be used for
meetings and other events.

*Reservations are required. Call **1-603-263-6694**.



**WELLNESS &
OPPORTUNITY**
— CENTER —

www.amerihealthcaritasnh.com

AmeriHealth Caritas New Hampshire complies with applicable federal civil rights laws and does not discriminate, exclude people, or treat them differently on the basis of age, race, ethnicity, national origin or ancestry, mental or physical disability, sexual or affection orientation or preference, gender identity, marital status, genetic information, source of payment, sex, creed, religion, health or mental health status or history, need for health care services, amount payable to AmeriHealth Caritas New Hampshire on the basis of an eligible person's or member's actuarial class or pre-existing medical/health conditions, whether or not the member has executed an advance directive, or any other status protected by federal or state law.

Attention: If you do not speak English, language assistance services, free of charge, are available to you. Call **1-833-704-1177 (TTY 1-855-534-6730)**.

Atención: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-833-704-1177 (TTY 1-855-534-6730)**.

For the full nondiscrimination notice, go to www.amerihealthcaritasnh.com.

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WELLNESS & OPPORTUNITY — CENTER —

25 Sundial Avenue, Manchester



**Bringing care to the
heart of New Hampshire.**


AmeriHealth Caritas
New Hampshire



Healthy people start with healthy communities. We're here to help our members and neighbors to get care, while at the same time, improve our neighborhoods to create a more safe and healthy New Hampshire.

From health tips to local resources, the AmeriHealth Caritas New Hampshire Wellness and Opportunity Center offers something for everyone.

Health and wellness education

AmeriHealth Caritas New Hampshire associates are available to discuss health tips, AmeriHealth Caritas New Hampshire plan services, local resources, and more. The center also includes a spacious kitchen, where visitors can learn how to prepare healthy meals. Language assistance services are available at the center.

AmeriHealth Caritas New Hampshire's Wellness and Opportunity Center is ready to serve our growing membership.

By walk-in or appointment

Walk-in:

- Visit our Giving Closet for food, personal care items, clothes, and more.
- Learn about plan benefits.
- Get referral(s) to community services.

Appointment (scheduled by your Care Manager):

- Meet with your Care Manager in person.
- Discuss management of chronic conditions such as asthma, diabetes, or chronic pain.
- Get in-person assistance to complete your Health Risk Assessment.

Community resources

Our Wellness and Opportunity Center gives the community a place to come together.

The center features:

- A meeting space for conferences, trainings, forums, and other meetings
- A playroom kids can use when their parents/caregivers visit the center
- A computer center where people can apply for jobs, conduct research, and access resources

Special events

The Wellness and Opportunity Center holds a variety of special events. These events bring neighbors together to learn more about healthy living. Events include:

- Financial coaching
- Events for your kids
- Wellness events
- Community baby showers

Visit our Wellness and Opportunity Center webpage at www.amerhealthcaritasnh.com/wellness-center to look for upcoming events.

Learn more

The AmeriHealth Caritas New Hampshire Wellness and Opportunity Center is open for walk-ins Monday through Friday, 8:30 a.m. to 4 p.m.

For more information, visit www.amerhealthcaritasnh.com/wellness-center or call us at **1-603-263-6694**.