



AmeriHealth Caritas™

New Hampshire

To: AmeriHealth Caritas New Hampshire Medicaid Providers

Date: April 23, 2026

Subject: HEDIS Measure: Metabolic Monitoring for Children and Adolescents on Antipsychotics

Summary: AmeriHealth Caritas New Hampshire is sharing best practice recommendations to improve performance on the HEDIS Metabolic Monitoring for Children and Adolescents on Antipsychotics (APM) measure. This measure evaluates whether members 1-17 years of age prescribed antipsychotic medications receive appropriate annual metabolic screening, including blood glucose and cholesterol testing. APM is a priority for ACNH for 2026.

AmeriHealth Caritas New Hampshire is committed to working closely with providers to improve the quality of care for our members. We utilize the National Committee for Quality Assurances Healthcare Effectiveness Data and Information Set specifications to monitor adherence to metabolic testing.

Measurement Period: A calendar year running from January 1 through December 31.

Measurement Requirements:

- Members 1-17 years old
- 2 or less antipsychotic prescriptions during the measurement year

Compliance Criteria: Members must receive both of the following during the measurement year. *(Documentation of completed labs is sufficient for compliance)*

- Blood Glucose Test (glucose or HbA1c)
- Cholesterol test (lipid panel or LDL-C)

Common Medications (Examples)	Coding Guidance (Examples)
<ul style="list-style-type: none"> • Aripiprazole • Risperidone • Quetiapine • Olanzapine • Clozapine • Paliperidone 	<ul style="list-style-type: none"> • Blood Glucose/HbA1c <ul style="list-style-type: none"> ○ 83036, 83037 (HbA1c) ○ 82947-82951 (Glucose) ○ 80047-80053 (Metabolic) • Cholesterol/Lipid <ul style="list-style-type: none"> ○ 80061 (Lipid panel) ○ 82465, 83701, 83721

Best Practices:

1. Order labs at the time of prescribing.

2. Complete labs during annual visits or routine follow-ups
3. Use EMR alerts or patient registration portal to track testing status
4. Coordinate care between behavioral health and primary care providers
5. Educate families on the importance of lab monitoring
6. Let us help you help the member. Use our "[Let Us Know Program Member Intervention Request Form](#)" for Care Management referral.

Disclaimer: Physicians and other Health care providers are solely responsible for the treatment decisions for their patients and should not use the information in this communication to substitute independent clinical judgment.

Questions: If you have questions about this communication or would like a full list of codes affected by this change, please contact your Provider Account Executive or the Provider Services department at **1-888-599-1479**.
