



AmeriHealth Caritas New Hampshire invites you to join our lunch-and-learn session:

Evidence-Based Practices

What are these practices and how can they be accessed for care?

AmeriHealth Caritas New Hampshire is excited to offer a lunch-and-learn session entitled “Evidence-Based Practices: What are these practices and how can they be accessed for care?” This opportunity is being provided at no cost to AmeriHealth Caritas New Hampshire providers. Please read on for more information and to register for this session.

Evidence-based psychotherapies have been shown to be beneficial and cost-effective for a wide range of psychiatric conditions. Psychiatric disorders are prevalent worldwide and associated with high rates of disease burden, as well as elevated rates of cooccurrence with medical disorders, which has led to an increased focus on the need for evidence-based psychotherapies.

Topics include:

- Trauma-focused cognitive behavioral therapy.
- Cognitive behavioral therapy.
- Dialectical behavioral therapy.
- Family psychoeducation.

What are the learning objectives of this program?

- Get an introduction to various evidence-based practices available for psychiatric disorders.
- Discuss next steps to offer these practices in your agency.

What are the goals of this session?

The AmeriHealth Caritas New Hampshire program is designed to help providers:

- Identify current evidence-based practices.
- Discuss how our members can access these services.

Who will present this session?

- Danielle Heist, M.S., LPC, CAADC, AmeriHealth Caritas Population Health Clinical Education team

Lunch-and-learn session: Evidence-Based Practices

Who is invited to participate?

- Physical health providers.
- Clinical and nonclinical staff.
- Case managers.
- Behavioral health providers.
- Federally qualified health center/rural health clinic/individualized health care plan providers.
- Patient advocates.
- Substance use providers.

Do I need special equipment to attend?

It is best if you have a webcam-equipped laptop, tablet, or smartphone to attend the lunch-and-learn session. Trainings will take place via a cloud-based software application called Zoom. The application is PC- and Mac-compatible and is available at no cost to participants. However, you may need to download Zoom to your laptop, tablet, or smartphone to participate.

When will the lunch-and-learn session be provided?

This program will be delivered during a one-hour session on the following date:

Date	September 1, 2020
Time	12 p.m. – 1 p.m ET
Registration	https://www.eventbrite.com/e/behavioral-health-evidence-based-practices-tickets-113016162384

How do I register to participate?

Please follow the registration link above, choose **Register**, and complete and submit the registration form.

Questions?

Please contact the Clinical Integration Education team at clinicalintegrationeducation@amerihealthcaritas.com.

