



Medical Nutrition Therapy

Reimbursement Policy ID: RPC.0121.0900

Recent review date: 03/2026

Next review date: 12/2026

AmeriHealth Caritas New Hampshire reimbursement policies and their resulting edits are based on guidelines from established industry sources, such as the Centers for Medicare and Medicaid Services (CMS), the American Medical Association (AMA), state and federal regulatory agencies, and medical specialty professional societies. Reimbursement policies are intended as a general reference and do not constitute a contract or other guarantee of payment. AmeriHealth Caritas New Hampshire may use reasonable discretion in interpreting and applying its policies to services provided in a particular case and may modify its policies at any time.

In making claim payment determinations, the health plan also uses coding terminology and methodologies based on accepted industry standards, including Current Procedural Terminology (CPT®); the Healthcare Common Procedure Coding System (HCPCS); and the International Classification of Diseases, 10th Revision, Clinical Modification (ICD-10-CM), and other relevant sources. Other factors that may affect payment include medical record documentation, legislative or regulatory mandates, a provider's contract, a member's eligibility in receiving covered services, submission of clean claims, other health plan policies, and other relevant factors. These factors may supplement, modify, or in some cases supersede reimbursement policies.

This reimbursement policy applies to all health care services billed on a CMS-1500 form or its electronic equivalent, or when billed on a UB-04 form or its electronic equivalent.

To the extent that any procedure and/or diagnosis codes are specified in this policy, such inclusion is provided for reference purposes only, may not be all inclusive, and is not intended to serve as billing instructions. Listing of a code in this policy does not imply that the service described by the code is a covered or non-covered health service. Benefit coverage for health services is determined by federal, state, or contractual requirements and applicable laws that may require coverage for a specific service. The inclusion of a code does not imply any right to reimbursement or guarantee claim payment. Other Policies and Guidelines may apply.

Policy Overview

This policy addresses AmeriHealth Caritas New Hampshire guidelines for reimbursement of Medical Nutrition Therapy (MNT) and Diabetes Self-Management Training (DSMT).

Exceptions

N/A

Reimbursement Guidelines

AmeriHealth Caritas New Hampshire will consider reimbursement of MNT and DSMT services reported on claim form CMS-1500 or CMS-1450 when all the following criteria are met.

- Services are rendered by a registered dietician (RD) or nutrition professional,
- Services are reported in conjunction with a covered diagnosis, and
- Services do not exceed the allowable frequency.

Medical Nutrition Therapy 97802 should be used once for the initial assessment of a new patient. All subsequent visits must be billed using procedure codes 97803 for individual sessions. Only one MNT procedure code may be billed per date of service, regardless of modifier.

Medical Nutrition Therapy (MNT) services are covered only when rendered by qualified healthcare professionals who are credentialed as registered dietitians or licensed nutritionists.

HCPCS and CPT procedure codes for Medical Nutrition Therapy and Diabetes Self-Management Training services are as follows:

Procedure Code	Description
97802	Medical nutrition therapy; initial assessment and intervention, individual, face-to-face with the patient, each 15 minutes
97803	Medical nutrition therapy; re-assessment and intervention, individual, face-to-face with the patient, each 15 minutes

Refer to CPT/HCPCS manuals for complete descriptions of procedure codes and their modifiers, and to the ICD-10-CM manual for guidelines and descriptions of diagnoses and other conditions.

Definitions

Medical Nutrition Therapy (MNT)

MNT is specialized nutrition-based education and support provided by a nutrition professional to help manage diabetes, kidney disease, or other nutrition related diagnoses.

Diabetes Self-Management Training (DSMT)

DSMT services teach Medicare members with diabetes to manage their diabetes with diet, exercise, medication, monitoring of blood sugar, risk reduction, and setting and tracking their individual goals.

Edit Sources

- I. Current Procedural Terminology (CPT) and associated publications and services.
- II. International Classification of Diseases, 10th Revision, Clinical Modification (ICD-10).
- III. Healthcare Common Procedure Coding System (HCPCS).
- IV. Centers for Medicare and Medicaid Services (CMS).
- V. The National Correct Coding Initiative (NCCI).
- VI. Corresponding New Hampshire Provider Manual and Claims and Billing section of the plan website.
- VII. Applicable New Hampshire Fee Schedule(s).

Attachments

N/A

Associated Policies

RPC.0008.0900 Telehealth

RPC.0015.0900 Federally Qualified Health Center

RPC.0025.0900 Frequency

Policy History

03/2026	Reimbursement Policy Committee Approval
04/2025	Revised preamble
04/2024	Revised preamble
08/2023	Removal of policy implemented by AmeriHealth Caritas New Hampshire from Policy History section
01/2023	Template Revised <ul style="list-style-type: none">• Revised preamble• Removal of Applicable Claim Types table• Coding section renamed to Reimbursement Guidelines• Added Associated Policies section