



AmeriHealth Caritas New Hampshire invites you to join a **Behavioral Health Bootcamp ECHO Series**

AmeriHealth Caritas New Hampshire, in collaboration with Project ECHO, is excited to launch a Behavioral Health Bootcamp ECHO series — an emerging case-based learning model for practitioners. Continuing Medical Education credits will be available for physicians and Continuing Education Units for nurses and social workers who attend this series. This opportunity doesn't cost anything for participating AmeriHealth Caritas New Hampshire practitioners. Please read on for more information and register to join an ECHO Model® clinic.

What is Project ECHO®?

The “Extension for Community Healthcare Outcomes,” or ECHO model, was developed by the University of New Mexico Health Sciences Center and is now used nationwide in the United States and internationally.

For more information on Project ECHO, please visit <https://echo.unm.edu>.

What's the goal of this program?

The AmeriHealth Caritas New Hampshire Behavioral Health Bootcamp ECHO program exists to:

1. Provide education to increase screening and treatment of behavioral health disorders among members in physical health settings.
2. Recognize symptoms, adaptations, or somatic complaints in response to a traumatic experience.
3. Build skills to successfully engage members in treatment through Motivational Interviewing and Harm Reduction interventions.

AmeriHealth Caritas New Hampshire Behavioral Health Bootcamp

When and how often will ECHO sessions take place?

Sessions will be ongoing and additional sessions will be established to address specific topics as the need dictates. All ECHO sessions will occur on Thursdays, at noon ET. Follow the instructions on this page to register.

How do I register to participate?

Register by emailing projectecho@amerihealthcaritas.com and request to join the New Hampshire Behavioral Health Bootcamp ECHO Program.

Do I need special equipment to attend?

It is best to have a webcam-equipped laptop, tablet, or smartphone to attend the continuing education sessions. Trainings will take place via the Zoom app. It is PC- and Mac-compatible and is available at no cost to participants. However, you may need to download Zoom to your laptop, tablet, or smartphone to participate.

Questions?

Please contact Shoshannah Guerrero, PhD, LMFT, Population Health Training Manager, Project ECHO, at 1-855-410-6639 or projectecho@amerihealthcaritas.com.

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Date	Focus
September 17, 2026	Substance Use in the Adolescent Population: Understanding SBIRT
October 1, 2026	Anxiety Disorders: Diagnosis and Treatment
October 15, 2026	Zero Suicide Using the Trauma-Informed Care Model
October 29, 2026	Treatment of Opioid Use Disorder in Pregnancy and the Postpartum Period
November 12, 2026	Motivational Interviewing and Assessing Social Determinants of Health
December 3, 2026	Differential Diagnosis and Treatment of Narcissistic Personality Disorder, Borderline, and Bipolar Disorders



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